

School Nursing Text Message Advice Service

Advice for parents and carers of children 0-19 in Hampshire

We can help you with all kinds of things, like:

Sleep &
Behaviour

Healthy
Lifestyle

Toileting

Emotional
Well-being

Staying
Safe

Health
Conditions

Drugs &
Alcohol



THIS IS NOT AN EMERGENCY SERVICE

For urgent attention please contact your GP or call 111 or 999

We support messaging from UK mobile numbers only, which will be charged at your normal rate.